

Midweek Luncheon Options

Delivered on disposable equipment for groups of 8 - 24

Sandwiches & Salad Buffets

with your choice of Garden, Field Green, Caesar or Pasta Salad. Served with chips, condiments and pickles

Gourmet Sandwiches and Wraps \$14

Assortment includes turkey, roast beef, ham, chicken salad and grilled veggies.

Hot Parmesan Sandwiches \$16

An assortment of chicken, meatball and eggplant on a fresh subroll with our housemade marinara and provolone

Specialty Wraps (pick 3) \$15

- Spinach chickpea and roasted cauliflower with green goddess dressing
- Chicken bacon and ranch with lettuce and tomato
- Mediterranean with spinach, garden veggies feta, olives & Greek dressing
- Crispy chicken stir fry with Napa slaw veggies and ginger soy dressing
- Grilled Chicken Caesar with shredded parm and housemade dressing

Specialty Hot Sandwiches \$18

- Nashville hot chicken with pickles and our secret hot sauce
- Hot roast beef Three Way with BBQ, Mayo and Cheese
- Veggie Muffalatta with assorted roasted veggies and traditional olive spread
- Korean BBQ Pork with crunchy Napa slaw

Grilled Sandwiches \$16

- Italian panini
- Chicken caprese panini
- Mozzarella, tomato and basil ciabatta, Cubano
- Turkey artichoke provolone and avocado ciabatta

Assorted Stromboli \$18

- Ham pepperoni provolone mozzarella seasoned peppers and onions
- Roasted veggies , provolone mozzarella season peppers and onions humus
- Buffalo chicken carmelized onions cheddar jack cheese

Build Your Own Salad Bar \$13

- Greens: Spinach, Romaine, Field Greens
- Toppings: Cucumbers, carrots, tomatoes, mushrooms, peppers, onions, banana peppers, chickpeas
- Cheeses: Feta, Cheddar and Parmesan
- Dressings: Ranch, Caesar, Balsamic, Oil and Vinegar

- Add Chicken +\$3/pp
- Add Tofu +\$3/pp
- Add Grilled Sirloin +\$6/pp
- Add Grilled Shrimp +\$6/pp
- Add Chilled Salmon +\$6/pp

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Individual Salads and Grain Bowls \$15

Choose chicken or tofu, grilled sirloin +\$3, grilled shrimp +\$3

Grain Bowl

Choose Grain: Quinoa, Brown Rice, Farro

- **Asian**, edamame, red cabbage, broccoli, carrots, cucumber, and mixed greens, ginger soy sauce
- **BBQ**, beans, corn, tomatoes, avocado, cheddar jack cheese, slaw & chipotle vinaigrette
- **Mediterranean** red onions, feta, cucumbers, tomatoes, banana peppers and chicken peas Lemon Tzatziki sauce
- **Mexican** roasted corn, black beans, avocado, peppers, tomatoes, cheddar cheese and cilantro lime sauce

Composed Salad

- **Asian** with rice noodles, edamame, red cabbage, broccoli, carrots, cucumber, and mixed greens
- **Chef** romaine, hard boiled eggs, chick peas, diced ham, turke and provolone cheese
- **Jamacian Jerk** roasted corn, red beans, grape tomatoes, mango, slaw and scallions
- **Mexican** roasted corn, black beans, avocado, mixed greens, tomatoes, cheddar cheese tortilla strips
- **Mediterranean** romaine, red onions, feta, cucumbers, tomatoes, banana peppers and chick peas

Hot Luncheon Buffet \$16

Choose One Entree

Cheese Lasagna
Chicken Parmesan
Korean Pork with Rice
Meatballs Marinara
Eggplant Parmesan
Chicken Marsala +\$2/pp
Chicken Piccata +\$2/pp
Pork Carnitas +\$2/pp
Taco Bar (chicken and beef, comes with rice and beans) +\$2/pp

Choose Two Sides

Garden Salad
Caesar Salad
Pasta Primavera Salad Roasted Potatoes
Roasted Vegetables
Green Beans with Dill Seasoned Corn
Penne with Marinara
Rice Pilaf
Macaroni and Cheese +\$2/pp

Desserts and Beverages

Cookies and Brownies \$2/pp
Mini Pastries \$4/pp
Mini Cannoli \$3/pp

Bottled Water \$1.50
Assorted Soda and Seltzer \$1.50